

WHAT YOU NEED IN A BRIDE & GROOM SURVIVAL KIT

Her For Your Hair

- Bobby Pins or Clips
- Hair Ties
- Comb or Brush
- Hairspray
- Gel
- Dry Shampoo for that humid day

Her For Your Health

- Headache Tablets
- Allergy Tablets/Spray
- Personal Hygiene products
Tampons, Sanitary Pads etc, change of Under
Pants
- Sunscreen
- Ice/Heat Pack
- Perfume/Deodorant
- Toothbrush & Tooth Past
- Mouth Wash
- Dental Floss
- Band-aids
- Bug Spray
- Cotton buds/Balls
- Facial Wipes/Oil absorbing wipes

Her For Your Face

- Makeup/Powder/Bronzer
- Blush
- Mascara, Eyeliner, Eyebrow Pencil & Eye Shadow
- Chapstick
- Lipstick
- Lip Gloss
- Make Up Remover
- Cotton Buds/Balls
- Oil Absorbing Sheets
- Tweezers, Nail File & Clippers
- Tissues
- Small Mirror

Her Extras

- Water, Snacks, Chocolate, Lolly, Drinking Straws
(you don't want to muck up your lipstick), Mints,
- Phone Charger, Identification card, Credit Card,
Cash,
- spare Earring backs
- Spare Stockings

His For Your Hair

- Comb/Brush
- Hair ties for long hair
- Hairspray
- Gel

His For Your Health

- Headache Tablets
- Allergy Tablets/Spray
- Sunscreen
- Ice/Heat Pack
- Deodorant
- Mouth Wash
- Dental Floss
- Band-aids
- Bug Spray
- Cotton buds/Balls
- Facial Wipes/Oil absorbing wipes

His For Your Face

- Chapstick
- Cotton Buds/Balls
- Oil Absorbing Sheets
- Tweezers, Nail File & Clippers
- Tissues

His Extras

- Water, Snacks, Chocolate, Lolly, Mints,
- Phone Charger, Identification card (for the hotel),
Credit Card, Cash,
- Black Socks because someone will forget their
socks

**This is only a small list of things that we think
you might need on your actual wedding day.
Please email me if you can think of anything I
might have forgotten**

Forever Yours
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